



# Lowland Leadership

L2 Assisting Lowland Expedition Leadership

L3 Lowland Walk and Expedition Leadership

*"Nationally accredited, this qualifies the holder to lead groups of people on lowland walks and expeditions. Perfect for young people who enjoy spending time outdoors, and for adults to demonstrate that they are competent outdoor leaders."*

**L2 - Age 15+, minimum 31 study hours**

**L3 - Age 16+, minimum 65 study hours**

## On this course...

These courses are a great way for you to formalise and develop your leadership skills. There is a strong focus on developing resilience, independence and other soft skills. Our sessions run mainly in outdoor environments but the skills gained transfer into other areas of life.

- Exploring wild places
- Navigation and map-reading skills
- Looking after yourself in the outdoors
- Planning your own adventures
- Camping
- Outdoor cooking
- Leading and supporting others



For more information or to enrol on this course  
email Rich at [rich@taleblazers.org.uk](mailto:rich@taleblazers.org.uk) or telephone 07530 502837



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